



Sacramento, CA

# CAPITAL CITY SQUARES WEEKLY NEWSLETTER

July 2022

Ali Bengs, Editor

[www.capitalcitysquares.org](http://www.capitalcitysquares.org)

<https://www.meetup.com/CapCitySquares/>

## CCS Hosted Dances

**7 August 2022**

**Summer Luau**

**Caller:** Mike Wright

**Location:**

Royer Park Veteran's Hall  
Roseville

**Times:**

1:30-2:30pm Advanced;  
2:30 – 5:00pm SSD & Plus

**20 November 2022**

**Anniversary Dance**

**Caller:** Andy Allemao

**Location:**

Jose Rizal Community Center  
Sacramento

**Times:** TBD

Advanced in afternoon  
SSD through Plus in evening

## IAGSDC Annual Convention

**5-8 July 2023**

**Callers:**

Too many to list !!!

**Location:**

Ottawa, Canada

Please register & support

Info and Registration [HERE](#)



## Prime 8s

*Advanced Dancing*

**Where:** Fruitridge Community Center

**When:** Wednesdays, 7p-9p



## ASDSC: Harvest Hoedown

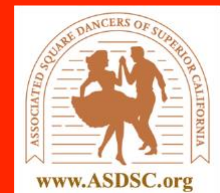
**21 – 23 October 2022**

**Callers include:**

Joe Saltel, Tom Miller, Bill Harrison, and Buddy Weaver

**Location:**

Yuba-Sutter Fairgrounds



## \*\* Wednesday Club Night Dancing\*\*

6:30pm – 9:15pm: SSD, Mainstream,  
Plus, Advanced



Proof of Current Vaccination Required  
Masking Voluntary

## \*\*Board Members & Other Officers\*\*

**Board members:** Sara Hodge (President); Ali Bengs (Secretary); Treasurer (Briana Bornino); Jay Aldridge (Flyers; Board member at large); Palma Lower (Stumptown Raffle; Board member at large).

**Other Positions:** Bob Granger (Facebook); Alan Langdon (Webmaster); Tom Kaiser (Caller; Caller Procurement; Advisor)

## \*\*\*Board Documents & Meetings\*\*\*

June 2022 Board Meeting Minutes are under review.

May 2022 Board Meeting Minutes are [here](#).

Current CCS Bylaws, click [here](#).

Next Board Meeting is 24 July @ 1:30pm at Sara/Ali's.

## July Birthdays

CT (12 July)  
Bruce Trummel (17 July)  
Ali Bengs (19 July)  
Terri Bridges (20 July)  
Teri Cosentino (20 July)



# News and Notes

## CoVid Policies

Capital City Squares:

- Requires proof of vaccination/boosting for CoVid at weekly dance nights
- Encourages masking while dancing/gathering indoors
- Does NOT require proof of vaccination at special dance events

CoVid is becoming endemic (a regular part of life) because so many vaccinated people may not have symptoms even when they get it. Actions we can all take:

- Practice self-protection in everyday life as well as on Wednesday evenings.
- Do a home test or through a testing center or doctor's office if you have symptoms or known exposure
- Get booster/s when recommended based on age and risk factor/s
- Consider the Google/Apple app that protects privacy while also helping to automate exposure notifications. Click here for more information, video clips and instructions → **EXPOSURE NOTIFICATIONS**

## Sacramento Pride

The parade for Sac Pride was fantastic this year. We had Rich Reel provide some energetic calling and we got in some spirited squares along the parade route. Thanks to Alan Langdon for coordinating, Rich Reel for calling and our club Dancers for participating,

## Summer Dancing

**Weekly Wednesdays:** Tom Kaiser is in Michigan for the summer; We have a few alternate callers you'll really enjoy:

- July – Rick Gittleman (SSD through Advanced)
- August/September – rotation of Rick Gittleman, Donn Thompson, and Mike Halley

**Special Dances:** Some summer dance events are on the following page. More events can be found on the following sites:

- [www.asdsc.org](http://www.asdsc.org) (Sacramento region square dance events)
- [www.iagsdc.org](http://www.iagsdc.org) (National & International LGBT+ square dance events)
- [www.capitalcitysquares.org](http://www.capitalcitysquares.org) (our own club events)

*Yellow Rocks ~*

Sara Hodge, CCS President  
Alicia (Ali) Bengs, CCS Secretary  
Briana Bornino, Treasurer  
Palma Lower, Board Member-at-Large  
Jay Aldrich, Board Member-at-Large (and 2022 ASDSC President)  
Tom Kaiser, Caller & Board Advisor

# UPCOMING DANCE SCHEDULE

DATE/TIME	CLUB	PROGRAM	CALLER	LOCATION	FLYER
Saturday 16 July	<b>El Camino Reelers</b> <i>Jurassic Picnic (and Dance)</i>  <i>Vax required</i>	BYO Picnic 1:30  2:00-4:00 dance SSD, Plus, Advanced	Rich Reel & Dave Decot  Free dance w/tip jar	Robles Park 4116 Park Blvd Palo Alto, Ca	<a href="#">Click Here</a>
Friday 22 July  7:30p – 10:00p	<b>Whirlaways</b>  <i>Crossover into Summer</i>	A1 & A2  Rounds 6:30	Rick Gittleman	Royer Park Veteran's Hall Roseville, CA	<a href="#">Click Here</a>
Saturday 30 July	<b>ASDSC 5<sup>th</sup> Sat (Galt Diamond Dancers)</b> <i>Summer Beach Party</i>	SSD & Plus	Mike Wright	Royer Park Veteran's Hall Roseville, CA	<a href="#">Click Here</a>
Saturday 30 July	<b>Oaktown 8s</b> <i>Picnic &amp; Promenade</i>	1:00 – 3:30 SSD	Vic Cedar	Berkeley Fellowship of Unitarians Berkeley, CA	<a href="#">Click Here</a>
Sunday 7 August  1:30 – 5:00	<b>Capital City Squares</b>  <i>Summer Luau</i>	1:30-2:30 Advanced  2:30-5:00 SSD and Plus	Mike Wright	Royer Park Veteran's Hall Roseville, CA	<a href="#">Click Here</a>
Sun - Thursday 14-18 August	<b>McCloud A2 Dancing Week</b>	Advanced	Romney Tannehill	McCloud Dance Country Hall McCloud, CA	<a href="#">Click Here</a>
Sun - Thursday 21-25 August	<b>McCloud C1 Dancing Week</b>	Challenge	Romney Tannehill	McCloud Dance Country Hall McCloud, CA	
Fri – Sun 7-9 October	<b>IAGSDC</b> "Peel-Off in Palm Springs"	All	Bill Eyer	Canyon Club Hotel Palm Springs, CA	<a href="#">Click Here</a>
Fri – Sun 21 – 23 October	<b>ASDSC</b> <i>Harvest Hoedown</i>	All	Bill Harrison, Tom Miller, Joe Saltel, Buddy Weaver	Yuba-Sutter Fairgrounds Yuba City, CA	<a href="#">Click Here</a>

<p>Saturday 19 November</p> <p>Afternoon &amp; Evening</p>	<p><b>Capital City Squares</b> <i>Anniversary Dance (Flip Your Diamonds &amp; Pearls)</i></p>	<p>Afternoon = Advanced</p> <p>Evening = SSD and Plus</p>	<p>Andy Allemao</p>	<p>Jose Rizal Community Center Sacramento, CA</p>	<p><a href="#">Click Here</a></p>
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